



Trafford Alternative Education Provision



Relationships and Sex Education Policy

2019

Policy Name:	Relationships & Sex Education Policy
Policy Number:	11
Effective Date:	September 2018
Review Date:	September 2020
Person Responsible:	Lynda Thompson Executive Headteacher
Approved By:	Lynda Thompson Executive Headteacher
For Action By	Senior Leadership Team
For Information to:	Teaching Staff

Our Mission Statement

Trafford Alternative Education Provision is committed to providing....

A 21st Century education that promotes the academic, emotional and social development of our students. Our aim is to create a holistic, nurturing and inspiring environment where students are supported and encouraged to take charge of their lives, their learning and their decisions. Every student will have an understanding of their personal journey, challenges and future opportunities. All will be encouraged to become independent thinkers and learn to value and respect others thus enabling them to meet the challenges of the wider world .In partnership with parents, carers schools and outside agencies Trafford Alternative Education provision provides students and staff with a positive and supportive learning experience.

We will achieve our vision by constantly thinking about the bigger picture, working as one team, valuing our staff and their continual development and by frequently reviewing, debating and developing the curriculum.

Purpose

We aim that each student attending Trafford Alternative Education will develop the skills and knowledge to make informed decisions. Decisions about how they relate to others can only be made if they have adequate knowledge and understanding of their own physical and emotional development.

This is not a task for the school in isolation, and we seek to work with parents/carers to ensure that the teaching of Relationships and Sex Education (RSE) reflects their expectations and compliments teaching at home. Parents/carers will be informed about the teaching of sex education so that they can decide whether or not to withdraw their child. Relationships and sex education at Trafford Alternative Education seeks to help students make decisions which may help them avoid unplanned pregnancies, STIs or deeply unhappy and damaging relationships.

Aims

The sex and relationships education programme aims to help students to develop knowledge, skills and understanding about the value of loving, stable relationships, sexuality and sexual health. It also aims to help young people to lead confident, healthy lives as informed and active citizens.

Management Committee will:

- Seek the advice of the Executive Headteacher on this policy, keep it up-to-date and make it available to parents/carers
- Ensure that RSE is provided in a way that encourages students to develop a moral framework, an understanding of the value of family life and the importance of stable, committed relationships including marriage

The Executive Headteacher will ensure that:

- The Management Committee is advised about the nature and organisation of RSE and how it reflects the aims and values of the school
- RSE is provided in a way that encourages students to develop a moral framework, and understanding of family life and the importance of stable, committed relationships, including marriage
- Students are protected from inappropriate teaching materials
- Schemes of work are agreed and implemented
- Parents/carers are informed about the programme for RSE

Objectives

- To develop students' confidence and self-esteem
- To develop students' knowledge about healthy and safe lifestyles in order that they can make informed decisions
- To develop pupils' knowledge and understanding about sexual health and relationships services that are available
- To provide opportunities for young people to consider the advantages of effective, fulfilling relationships
- To provide opportunities for young people to develop an understanding of and respect for difference
- To enable young people to develop the skills necessary to protect themselves from exploitation
- To provide young people with the opportunity to develop greater understanding of the consequences of decisions and actions
- To nurture a responsible attitude towards personal relationships, such as aspects of mutual respect and care, and to develop sensitivity towards the needs of others
- To foster the ability to manage relationships in a responsible and healthy manner
- To promote the value of loving relationships and of family life.
- To recognise that marriage is an important, but not exclusive, context for family life
- To provide knowledge of human reproductive processes.
- To inform children on matters of personal hygiene and related health issues.
- To encourage exploration of values and moral issues, taking into account the physical and moral risks associated with certain behaviour
- To educate against discrimination and prejudice
- To empower young people to make informed choices about their developing sexuality

Moral and Values Framework

The sex and relationships education programme demonstrates and encourages the following values:

- Respect for self and others;
- Respect for difference, e.g. cultural, religious, gender, sexuality
- Responsibility for own actions
- Regard for family life, friends and the wider community;
- The rights of the individual
- Equality

Organisation and Delivery

The sex and relationships education curriculum is delivered in a number of 60 minute PSHE and Citizenship lessons in years 10 and 11. In addition the work specified within the KS4 GCSE Science Curriculum is delivered within Science lessons. Students are generally taught in mixed gender, single age groups, although there may be some flexibility in this arrangement if it is felt appropriate to this policy.

The work in this area of the curriculum should be delivered within the aims and objectives stated above and delivered through a variety of approaches, e.g. small group work, individual work, and discussions.

Students are consulted about the sex and relationship education programme in order to ascertain their needs and they are involved in evaluating the topic.

All students have equal access to sex education.

School Nurse/Health Service Specialists

- Give support to individual young people as requested by them or when appropriate
- Take separate lessons as part of the delivery of the SRE programme

Working with Parents

The Trafford High School is committed to working with parents and acknowledges the right of parents to withdraw their children wholly or partially for sex education. However, the Trafford High School believes that the sex and relationships education programme is of the utmost importance for all students. Parents wanting to exercise the right of withdrawing their child are invited to see the teacher, who will explore their concerns and discuss any impact that such action may have.

Child Protection

Disclosures on matters relating to child sexual abuse are dealt with in the Trafford High School's Child Protection Policy.

Confidentiality

The Trafford High School aims to support young people but no individual member of staff will guarantee a student absolute confidentiality. Young people are made aware that 'confidences' may have to be shared if that is seen to be beneficial for the young person's well-being.

Difficult or controversial topics

Controversial topics may arise which depend upon the judgement of individual teachers as to whether the subjects are suitable for group discussion. In particular, staff approached by individual students for specific advice on contraception or other sexual behaviour will advise the young person to consult parents/carers if possible and, if appropriate, to seek help from a health care professional (such as the school nurse).

The following ground rules have been established:

- Staff should not enter into discussions about personal issues and lifestyles
- No one (child or adult) has to answer a personal question
- Nobody is forced to take part in discussion

- In discussion, staff will promote the knowledge and use of 'accepted' names of body parts
- Meanings of words are explained in a sensible and factual way.
- recognise the similarities and differences between themselves and others, and treat others with sensitivity
- If the young person needs further support, refer him/her to the school nurse, helpline or outside agency or service
- If a question is felt to be too explicit, acknowledge it and deal with it outside the whole group setting
- Any concern about sexual abuse must be followed up under the Child Protection procedures

Consultation and dissemination

Consultation with parents/ management committee, staff, health care professionals, students and any other interested parties may include:

- Reviewing policy with management committee
- Response to individual parental queries
- Discussion, evaluation and notes to staff (each member of staff has access to the Sex and Relationships Policy)
- Students can raise issues with staff or at the student forum

The use of visitors

Any visitors used to help in the delivery of the Sex and Relationships Education programme will be clear about the boundaries of their input and will be aware of the Sex and Relationships Education policy, related policies and their work will be planned and agreed.

Procedures for Monitoring and Evaluation

Monitoring and evaluation of the Sex and Relationship Education programme will take place every year, drawing upon issues that have arisen during delivery and consultation. The policy will be reviewed annually by the management committee.